

## Course Information

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| Semester & Year: Fall 2019             |
| Course ID & Section #: Psych 1 E7372   |
| Instructor's name: Rafael Ayala        |
| Day/Time or *Online: TTH 10:05-11:30am |
| Location or *Online: CA 113            |
| Number of units: 3                     |

## Instructor Contact Information

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| Office location or *Online: CA 121       |
| Office hours: T 11:30am-12:30pm          |
| Phone number: TBA                        |
| Email address: Rafael-ayala@redwoods.edu |

## Required Materials

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| Textbook Title: Exploring Psychology                          |
| Edition: 10 <sup>th</sup> Edition                             |
| Author: Myers & DeWall  |
| ISBN: 1464154074  |
| Other requirements: materials, equipment or technology skills |

## Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

## Course Student Learning Outcomes *(from course outline of record)*

1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology
2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
3. Demonstrate critical thinking skills and information competence as applied to psychological topics.
4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

## Evaluation & Grading Policy

**Grade Distribution: A = 93%, A- = 90-92%, B+ = 88-89%, B = 83-87%, B- = 80-82%, C+ = 78-79%, C = 70-77%, D = 60-69%, F = 59% and below.**

## Course Grading:

All assignments are due at the beginning of class, unless otherwise specified. Late work is not accepted. The course will be graded as follows:

**-Participation (5 points):** Students will complete various in class group activities for participation credit. Students must actively participate and attend the full class meeting to receive credit.

**-Reader Response (5 points):** Students will submit a response for each chapter read. The response may include, but are not limited to, questions/reflections related to the reading. Expand on any topic that you find intriguing. Submissions will be graded on minimum word count (250 words), grammar, and similarity percentage (5% is acceptable). Responses are due at the beginning of the week before the first class meeting.

**-Quizzes (10 points):** There will be weekly quizzes on the topic being covered. These will be administered at the beginning of class on the second meeting of the week. You will not be able to complete the quiz if you arrive late.

**-Annotated Bibliography (10 points):** You will select a peer reviewed article of choice and complete an annotated bibliography that addresses the article's main issues, including the hypothesis, statistical analyses conducted, and the results of the study.

**-Presentation (20 points):** Students will present their research paper on an assigned date. Presentation will be graded on organization and clarity, coverage of research paper topics, time of the presentation, and answers to questions posed by the class.

**-Research Paper (100 points):** For this assignment, students will produce a research proposal for a topic of choice that includes a literature review and a hypothesis, how the variables of interest will be measured, addressing any potential implications of the study if the hypothesis were to be supported.

**-Exams (100 points each)**

### [Prerequisites/co-requisites/ recommended preparation](#)

NA

**\*ONLINE REQUIREMENTS - The following are required online courses but are recommended for all (see \* in contents).**

### [Special accommodations statement](#)

Students are expected to turn in assignments via Canvas. If hard copies of assignments are required, students will be notified ahead of time.

### [Student feedback policy](#)

Students will be provided with feedback concerning the earned grade. Any loss of points will be accompanied with written feedback on why those points were lost.

### [Proctored Exams](#)

Students will complete four proctored exams during the semester. If special accommodations are necessary, please notify the instructor with two weeks notice. If you miss exams, you will need a valid reason to be allowed a make-up, and written proof will be required for make-ups to be scheduled.

## Student Accessibility Statement and Academic Support Information

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact [Disabled Students Programs and Services](#). Students may make requests for alternative media by contacting DSPS at 707-476-4280.

# **General Psychology**

**Fall 2019**

**Section E7372**

**TTH 10:05am-11:30am**

**CA 113**

Instructor: Rafael Ayala, M.A. Psychology

Office & Office Hours: CA 121, T 11:30am-12:30pm

Email: rafael-ayala@redwoods.edu

**Required Text: Psychology: Exploring Psychology, 10th Edition.**

## **Course Descriptions:**

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

## **Course Learning Objective:**

1. Analyze psychological research and synthesize information in writing.
2. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.
3. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge.
4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

**Grade Distribution: A = 93%, A- = 90-92%, B+ = 88-89%, B = 83-87%, B- = 80-82%, C+ = 78-79%, C = 70-77%, D = 60-69%, F = 59% and below.**

## Course Schedule

**Week 1 (Aug 27-29):** Introduction to Psychology; Chapter 1

**Week 2 (Sep 3-5):** Chapter 1 – Thinking Critically

**Week 3 (Sep 10-12):** Chapter 2 – The Biology of Behavior; **Annotated Bibliography**

**Week 4 (Sep 17-19):** Chapter 3 – Consciousness and the Two-Track Mind

**Week 5 (Sep 24-26):** Chapter 6 – Sensation and Perception; **Annotated Bibliography and References**

**Week 6 (Oct 1-4):** Exam 1 (Ch 1-3, 6)

**Week 7 (Oct 8-10):** Chapter 7 – Learning

**Week 8 (Oct 15-17):** Chapter 8 – Memory

**Week 9 (Oct 22-24):** Chapter 9 – Thinking, Language, and Intelligence

**Week 10 (Oct 29-31):** Exam 2 (Ch 7-9)

**Week 11 (Nov 5-7):** Chapter 12 – Social Behavior; **Introduction, Hypothesis, and Measures**

**Week 12 (Nov 12-14):** Chapter 13 – Stress, Coping, and Health

**Week 13 (Nov 19-21):** Chapter 14 – Psychological Disorders

**Week 14 (Nov 26-28):** **Thanksgiving Break**

**Week 15 (Dec 3-5):** Chapter 15 - Treatment of Psychological Disorders

**Week 16 (Dec 10-13):** Student Presentations; **Research Paper**

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**-Exams (100 points each)**

**Disorderly Conduct:** Students who are disruptive during class will be asked to leave and receive no participation credit for the day. The environment of this classroom will be one that fosters intellectual discussion and one that respects the different views of the participants of the class. Students under the influence of drugs or alcohol will be asked to leave. Students who are disruptive will be suspended from the course for one or two days, at the discretion of the instructor. Any assignments or tests due on the dates missed will not be able to be retaken or turned in late. Students must follow instructions or will be asked to leave.

**Academic Integrity:** Plagiarism or cheating will not be tolerated. All turned in assignments must be the student's original work. Any student caught cheating or plagiarizing will receive no credit for the assignment and be reported to the Dean of Students.

**Student Commitment:** This class requires a nine hour per week commitment of your time. You will have to regularly attend class, carefully read textbook chapters, submit thoughtful reader responses, complete a research paper, and successfully demonstrate learning in quizzes and exams. Class attendance, conscientiousness, attention to details, reading, writing, and study skills are critical for success.

**Note:** *There are no extra credit assignments offered. This syllabus may be subject to change. Students will be informed if any changes occur. Students that miss two class sessions before the Census date will be dropped from the course. Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation or excessive absences through the 10<sup>th</sup> week of class.*